



Virtual Pediatric Nurses Night Out Event

Please join us!

All nurses welcome –

PLEASE register on our website
www.ohiopedsnurses.com

Membership is NOT required
OSP members - Free
Non-members - \$5.00

Date: November 16, 2022

Time: 5:00 pm to 7:00 pm

Location: This presentation will be virtual. Microsoft Teams link will be sent out to registrants.

Program: Stress Management and Resiliency Training (S.M.A.R.T.)

Presenter: Karen (Kae) Ellen Fink BSN, RN, HNB-BC, LMT

Contact Hours: 1.0



Desired Learning Outcome: Participants will use acquired practical tools to build stress resilience and promote their wellbeing and will collaborate to create a plan which incorporates stress management and resiliency in their own self-care routines along with bringing these tools to the bedside for patients, families, and their colleagues.

Target audience: RNs

Criteria for Successful Completion: Full attendance and completion of online evaluation

This education is provided through a joint providership between University Hospitals is approved as a provider of nursing continuing professional development by Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91)

The presentation will be preceded by a short OSPN meeting with a networking opportunity following.

Contact Megan Dorrington (mdorrington@akronchildrens.org) or the OSPN Board (ohiospn1@gmail.com) with any questions.

Please join us in support of our fellow nurses!

#ohiospn #wecareforkids

Philanthropy

Please consider donating in the name of Ohio SPN to the Cleveland (Northeast Ohio) Ronald McDonald House: <https://www.rmhcneo.org/ways-to-give/>

Connect with us:

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